

NAME _____ BIRTHDATE _____
 STREET ADDRESS _____
 CITY _____ STATE _____ ZIP CODE+4 _____
 PHONE() _____ EMAIL _____
 CHURCH/PARISH _____ YEAR OF MARRIAGE _____
 I HAVE BEEN WIDOWED FOR _____
 HOW DID YOU HEAR ABOUT THE PROGRAM? _____
 I am registering for the Joyful Again! Retreat at _____ to occur
 On (date) _____

Tear off at dotted line, and send along with check payable to: Joyful Again!

P.O. Box 1365, LaGrange, IL 60526-9465

What Joyful Again! participants have said . . .

“It has been four years since John died. It was wonderful to share my memories with people who understand and know what it’s like to walk in my shoes.”

“I came with the hope of putting some of the grief I carry to rest. . . . I have been shown the way to open new doors . . . the tears I felt while journaling were healing and felt good.”

“Now I see my future as hopeful and full of promise, with some degree of happiness and inner peace.”

“I felt I was slipping backwards. Things were changed and I didn’t want more changes.”

“I will always miss my husband, but the guilt about being ‘OK’ is going away.”



Joyful Again!

(708) 354-7211

www.joyfulagain.org



OVERVIEW



Joyful Again! is a unique peer ministry based program designed to help

widowed persons move, with God's help, through bereavement toward spiritual and emotional wholeness.

The program has been created for those who have been widowed four months or more. Though there is a religious basis to the presentations, persons of any religious affiliation are welcome to attend.

WHAT TO EXPECT

Unlike other support groups, Joyful Again! includes video presentations, time for reflection, small group sharing, journaling and optional prayer services.

IS THIS WHAT I NEED?

Joyful Again! is for you, if you have —

- Been to support groups, but are still asking, “Does it ever get better?”
- Been unable to move on to build a new life for yourself
- Been unable to resolve guilt issues.

At Joyful Again! you will —

- Celebrate your loved one's life
- Reflect on the impact your spouse's death has made on your own life
- Share your story with trained facilitators who also have been widowed.

Introspective Workshop for Widowed Persons

Come join us for a weekend especially designed to help you recognize new direction for your life while still treasuring memories of your loved one.

Yes, you can be Joyful Again!

WHERE AND WHEN ARE SESSIONS HELD?

Joyful Again! retreat/workshops are held on several weekends throughout the year at Chicagoland parishes, as well as at other suitable facilities. Participants leave after Saturday's session and return Sunday morning. Occasionally the program is held at a facility with private overnight accommodations.

TIMES

Saturday: 8:45 a.m. to 7:30 p.m.

Sunday: 8:45 a.m. to 3:15 p.m.

Those attending should plan to stay for the entire program.

COST

The usual donation of \$85 includes meals and refreshments.

Lodging, when available, is extra. Cost adjusted in special circumstances.