

# Joyful Again!



## For Widows & Widowers who want to find joy in living again!

Join us for a weekend especially designed to help you recognize new direction for your life while still treasuring memories of your loved one.

### OVERVIEW

Joyful Again! is a unique peer ministry-based program designed to help widowed persons move, with God's help, through bereavement toward spiritual and emotional wholeness. Although the retreat is Catholic based, persons of any religious affiliation are welcome to attend.

### WHAT TO EXPECT

Joyful Again! includes video presentations, time for reflection, small group sharing, journaling and prayer services.

### IS THIS WHAT I NEED?

Joyful Again! is for you, if you have...

- ! Been to support groups, but are still asking, "Does it ever get better?"
- ! Been unable to move on to build a new life for yourself
- ! Been unable to resolve guilt issues.

At Joyful Again! you will...

- ! Celebrate your loved one's life
- ! Reflect on the impact your spouse's death has made on your own life
- ! Share your story with trained facilitators who also have been widowed.

### WHERE AND WHEN?

Joyful Again! is being held at Holy Spirit Catholic Church on Saturday and Sunday April 5<sup>th</sup> and 6<sup>th</sup>, 2025

### TIMES

Saturday 7:30 AM – 8:00 PM

Sunday 8:00 AM – 4:00 PM

**COST** \$100 includes meals and program materials-**Registration closes March 28th, 2025**

Please specify any dietary restrictions \_\_\_\_\_

**QUESTIONS** Contact Susie at 702-580-9789 or email [holyspiritgrief@gmail.com](mailto:holyspiritgrief@gmail.com)

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NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

Dietary Restrictions \_\_\_\_\_

CHURCH/PARISH \_\_\_\_\_ SPOUSE'S NAME \_\_\_\_\_

DATE OF DEATH \_\_\_\_\_ YEARS OF MARRIAGE \_\_\_\_\_

Tear off at dotted line and send completed form along with check payable to Holy Spirit to or scan QR code to pay:  
Holy Spirit Catholic Church, C/O New Beginnings Ministry, 5830 Mesa Park Drive, Las Vegas, NV 89135

